

CUBERT 5 - 6TH JUNE 2006

PLACE	TIME	NAME	TEAM	CATEGORY	PACE
1	0:25:59	KINDON, Noel	Cornwall AC	Male under 40	05:11.7
2	0:26:34	SHILSTON, Oliver	Cornwall AC	Male under 40	05:18.7
3	0:26:57	MCQUILLEN-WRIGHT, Chris	Hayle Runners	Male under 40	05:23.3
4	0:27:04	HOLLAND, Adam	East Cornwall Harriers	Male under 40	05:24.7
5	0:27:39	VARKER, Darren	Newquay Road Runners	Male under 40	05:31.7
6	0:27:44	GORDON, Darren	Kernow Runners	Male under 40	05:32.7
7	0:27:49	HILLMAN, Peter	Carn Runners	Male under 40	05:33.7
8	0:27:50	BALL, Adrian	Cornwall AC	Male under 40	05:33.9
9	0:28:01	HEARD, Mark	Launceston Road Runners	Male under 40	05:36.1
10	0:28:05	GROSE, Damon	Hayle Runners	Male under 40	05:36.9
11	0:28:08	SYMONS, Tony	Tavistock AC	Male Vet 45-49	05:37.5
12	0:28:17	CLEAVE, Matthew	Falmouth Road Runners	Male under 40	05:39.3
13	0:28:22	PASCOE, Jason	Cornwall AC	Male under 40	05:40.3
14	0:28:39	LEWIS, Matt	Cornwall AC	Male under 40	05:43.7
15	0:28:44	HARWOOD, Carl	Mounts Bay Harriers	Male under 40	05:44.7
16	0:28:57	DREW, Tim	Mounts Bay Harriers	Male under 40	05:47.3
17	0:28:59	WEDLOCK, Ben	Cornwall AC	Male under 40	05:47.7
18	0:29:09	SAVAGE, Tobias	Newquay Road Runners	Male under 40	05:49.7
19	0:29:12	DAVIS, Martin	Newquay Road Runners	Male Vet 45-49	05:50.3
20	0:29:18	ELLIS, Peter	Hayle Runners	Male under 40	05:51.5
21	0:29:19	TOZER, Shaun	Truro Running Club	Male under 40	05:51.7
22	0:29:41	THOMAS, Justin	Cornwall AC	Male under 40	05:56.1
23	0:29:48	CHEVERTON, Dinah	Tamar Trotters	Female Vet 40-44	05:57.5
24	0:29:53	SEMMENS, Michael	Hayle Runners	Male under 40	05:58.5
25	0:30:05	CASH, Michael		Male under 40	06:00.9
26	0:30:12	GUSTERSON, Jeremy	Mounts Bay Harriers	Male under 40	06:02.3
27	0:30:14	DANIELS, Tom	Wadebridge Tri Club	Male Vet 55-59	06:02.7
28	0:30:21	MORRALL, Zelah	Cornwall AC	Female Vet 35-39	06:04.1
29	0:30:22	TRUSCOTT, Simon	Newquay Road Runners	Male under 40	06:04.3
30	0:30:23	LACKIE, Alasdair	Thurso AC	Male Vet 45-49	06:04.5
31	0:30:27	FRIDAY(GLASSON), Jo	Cornwall AC	Female under 35	06:05.3
32	0:30:28	HORTON, Leslie	Nuneaton Harriers	Male Vet 55-59	06:05.5
33	0:30:30	PARKES, John	Mounts Bay Harriers	Male Vet 50-54	06:05.9
34	0:30:31	COYNE, Sharon	Newquay Road Runners	Female Vet 40-44	06:06.1
35	0:30:34	CHAPPLE, Steve	Mounts Bay Harriers	Male Vet 50-54	06:06.7
36	0:30:36	STOKELD, Matt	Mounts Bay Harriers	Male under 40	06:07.1
37	0:30:39	HILLMAN, Donna	Carn Runners	Female Vet 35-39	06:07.7
38	0:30:40	WILES, Brian	Launceston Road Runners	Male Vet 55-59	06:07.9
39	0:30:44	WARD, Matt	Newquay Road Runners	Male under 40	06:08.7
40	0:30:45	LEWARNE, Mark	Hayle Runners	Male under 40	06:08.9
41	0:30:49	CARDEW, Barrie	Carn Runners	Male Vet 45-49	06:09.7
42	0:30:52	JOSE, Ollly		Male under 40	06:10.3
43	0:30:53	PURVIS, Adam	East Cornwall Harriers	Male under 40	06:10.5
44	0:30:57	KNOWLES, Simon	Hayle Runners	Male under 40	06:11.3
45	0:30:59	SIMS, Nigel	Mounts Bay Harriers	Male Vet 40-44	06:11.7
46	0:31:14	MAY, Kevin	Royal Navy AC	Male Vet 40-44	06:14.7
47	0:31:16	STEPHENS, Jeremy	Hayle Runners	Male under 40	06:15.1
48	0:31:17	JEWELL, William	Truro Running Club	Male Vet 40-44	06:15.3
49	0:31:20	RODGER, Aaron		Male under 40	06:15.9
50	0:31:22	RESCORLA, Kensa	Carn Runners	Female under 35	06:16.3
51	0:31:25	LEE, Phil	Truro Running Club	Male Vet 50-54	06:16.9
52	0:31:28	TULLETT, Adam	Hayle Runners	Male under 40	06:17.5
53	0:31:29	DAW, Sharon	East Cornwall Harriers	Female Vet 40-44	06:17.7
54	0:31:36	DAVIS, Ashley		Male under 40	06:19.1
55	0:31:38	WILLIAMS, Dan	Cornwall AC	Male under 40	06:19.5
56	0:31:42	LOCKETT, Pat	Newquay Road Runners	Male Vet 55-59	06:20.3

57	0:31:43	ROBERTS, Malcolm	Newquay Road Runners	Male Vet 50-54	06:20.5
58	0:31:44	REID, Alan	Hayle Runners	Male under 40	06:20.7
59	0:31:45	GOODREID, Ian	Hayle Runners	Male Vet 40-44	06:20.9
60	0:31:46	MUTSAERS, Adrian	Cornwall AC	Male under 40	06:21.1
61	0:31:47	KNOWLES, Juliet	Carn Runners	Female under 35	06:21.3
62	0:31:48	MITCHELL, Nigel	Truro Running Club	Male under 40	06:21.5
63	0:31:51	STEVEN, Caroline	Launceston Road Runners	Female Vet 35-39	06:22.1
64	0:31:54	HODGSON, Graham	Newquay Road Runners	Male Vet 40-44	06:22.7
65	0:31:55	PLAYER, Garry	East Cornwall Harriers	Male Vet 40-44	06:22.9
66	0:32:00	DAVIDSON, Claire	East Cornwall Harriers	Female Vet 35-39	06:23.9
67	0:32:03	PHILPOTTS, Robert	Truro Running Club	Male Vet 45-49	06:24.5
68	0:32:06	SPRINGALL, Darryl	Truro Running Club	Male under 40	06:25.1
69	0:32:09	WEBB, Dave	Hayle Runners	Male Vet 40-44	06:25.7
70	0:32:12	WORTH, John	Mounts Bay Harriers	Male Vet 50-54	06:26.3
71	0:32:13	LETCHFORD, Geoff	Mounts Bay Harriers	Male Vet 50-54	06:26.5
72	0:32:16	PICTON, Lisa	East Cornwall Harriers	Female under 35	06:27.1
73	0:32:19	COOPER, Allan	Truro Running Club	Male Vet 50-54	06:27.7
74	0:32:21	PEARSON, Richard	Newquay Road Runners	Male Vet 55-59	06:28.1
75	0:32:22	OGILVIE, Sue	Newquay Road Runners	Female Vet 50-54	06:28.3
76	0:32:25	RESTALL, Stephen	Newquay Road Runners	Male Vet 50-54	06:28.9
77	0:32:27	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 40-44	06:29.3
78	0:32:29	CROCKER, Ian	East Cornwall Harriers	Male under 40	06:29.7
79	0:32:40	EDDY, Martin	East Cornwall Harriers	Male Vet 45-49	06:31.9
80	0:32:45	ORCHARD, Mike	Hayle Runners	Male Vet 45-49	06:32.9
81	0:32:53	SOUTHBY, Dave	Cornwall AC	Male Vet 40-44	06:34.5
82	0:32:54	GWYNNE, Paul	Falmouth Road Runners	Male Vet 40-44	06:34.7
83	0:32:55	HICKS, Sam	Hayle Runners	Male Vet 40-44	06:34.9
84	0:32:56	KEARNEY, Peter	Carn Runners	Male Vet 40-44	06:35.1
85	0:33:02	DRAYSON, Tim		Male under 40	06:36.3
86	0:33:05	ALSOP, Doug	Falmouth Road Runners	Male Vet 55-59	06:36.9
87	0:33:07	STEPHENSON, Mark	Newquay Road Runners	Male Vet 40-44	06:37.3
88	0:33:12	COCKINGS, Rob	Truro Running Club	Male Vet 40-44	06:38.3
89	0:33:14	KNOWLES, Michael	Carn Runners	Male Vet 40-44	06:38.7
90	0:33:15	SOLLY, Dan		Male under 40	06:38.9
91	0:33:19	YATES, Rich	Launceston Road Runners	Male Vet 40-44	06:39.7
92	0:33:21	HORN, Alec	Launceston Road Runners	Male under 40	06:40.1
93	0:33:22	EMERY, Joe	Newquay Road Runners	Male under 40	06:40.3
94	0:33:23	MURPHY, Dan		Male under 40	06:40.5
95	0:33:25	WALKER, Kevin	Newquay Road Runners	Male Vet 45-49	06:40.9
96	0:33:26	HAMMOND, Peter	Cornwall AC	Male under 40	06:41.1
97	0:33:27	JONES, Stephen	Hayle Runners	Male under 40	06:41.3
98	0:33:31	PETTIT, Danny	Newquay Road Runners	Male Vet 40-44	06:42.1
99	0:33:33	KEAST, Sarah	Cornwall AC	Female Vet 35-39	06:42.5
100	0:33:46	ANDREWS, Mark	East Cornwall Harriers	Male Vet 45-49	06:45.1
101	0:33:47	CREBER, Jim	Tamar Trotters	Male Vet 50-54	06:45.3
102	0:33:50	PICTON, John	East Cornwall Harriers	Male under 40	06:45.9
103	0:33:54	MARSTON, Jeremy	Mounts Bay Harriers	Male under 40	06:46.7
104	0:33:58	RITCHIE, Janet	Carn Runners	Female Vet 40-44	06:47.5
105	0:34:00	DOWICK, Mike	Hayle Runners	Male under 40	06:47.9
106	0:34:08	HARPER, Chris	Carn Runners	Male Vet 45-49	06:49.5
107	0:34:12	MCMILLAN, Duncan	Hayle Runners	Male Vet 40-44	06:50.3
108	0:34:14	BRAY, Simon	Carn Runners	Male under 40	06:50.7
109	0:34:15	EDEN, Reg	Truro Running Club	Male Vet 55-59	06:50.9
110	0:34:16	HEWINGS, Sue	Newton Abbot	Female Vet 40-44	06:51.1
111	0:34:18	FROST, Theresa	Womens Running Net (C)	Female Vet 50-54	06:51.5
112	0:34:19	CREBER, Matthew	Tamar Trotters	Male under 40	06:51.7
113	0:34:21	TORR, Peter	Cornwall AC	Male Vet 50-54	06:52.1
114	0:34:24	MORRISON, Derek	Bedford Harriers	Male Vet 40-44	06:52.7
115	0:34:27	ALMEY, Jenny	Cornwall AC	Female under 35	06:53.3
116	0:34:31	TEARE, Danny	Falmouth Road Runners	Male under 40	06:54.1
117	0:34:33	BUSH, Bernadette		Female Vet 40-44	06:54.5
118	0:34:36	HERBERT, Sarah	Launceston Road Runners	Female Vet 40-44	06:55.1
119	0:34:40	THOMPSON, John	Newquay Road Runners	Male Vet 45-49	06:55.9

120	0:34:43	HEMSWORTH, Caroline	Falmouth Road Runners	Female Vet 50-54	06:56.5
121	0:34:45	MORGAN, David	Hayle Runners	Male Vet 55-59	06:56.9
122	0:34:48	STORER, Graham	Cornwall AC	Male Vet 45-49	06:57.5
123	0:34:50	LOVEDAY, Allan	Newquay Road Runners	Male Vet 55-59	06:57.9
124	0:35:03	PEARCE, Gregory		Male Vet 45-49	07:00.5
125	0:35:04	FORD-DUNN, Jonathan	Truro Running Club	Male Vet 50-54	07:00.7
126	0:35:06	HOLMAN, Tony	Hayle Runners	Male Vet 55-59	07:01.1
127	0:35:07	EMMERTON, Kevin	Newquay Road Runners	Male Vet 40-44	07:01.3
128	0:35:08	CURTIS, Ken	Cornwall AC	Male Vet 40-44	07:01.5
129	0:35:09	GALE, Chris		Male Vet 40-44	07:01.7
130	0:35:11	BRADBURY, Alan	Nuneaton Harriers	Male Vet 60-64	07:02.1
131	0:35:12	KELVEY, Lucy	Newquay Road Runners	Female under 35	07:02.3
132	0:35:14	SCOTT, Ian	Newquay Road Runners	Male under 40	07:02.6
133	0:35:15	GIMBERT, Shawn	Mounts Bay Harriers	Male under 40	07:02.8
134	0:35:16	WHITLEY, Mike	Launceston Road Runners	Male Vet 40-44	07:03.0
135	0:35:17	SYMONS, Martin	Carn Runners	Male under 40	07:03.2
136	0:35:18	WITHERS, Russell		Male under 40	07:03.4
137	0:35:19	TONKIN, Craig	Hayle Runners	Male under 40	07:03.6
138	0:35:20	MURPHY, Jenna		Female under 35	07:03.8
139	0:35:28	DAVIS, Stephen	Devon/Cornwall Police	Male Vet 50-54	07:05.4
140	0:35:30	CUDBY, Darren	Hayle Runners	Male under 40	07:05.8
141	0:35:31	ELLIS, Michael		Male under 40	07:06.0
142	0:35:32	CARPENTER, Michael	Launceston Road Runners	Male Vet 55-59	07:06.2
143	0:35:37	ROWELL, Tony	Falmouth Road Runners	Male Vet 40-44	07:07.2
144	0:35:38	PAYNE, Mike		Male Vet 40-44	07:07.4
145	0:35:42	OMORI, Mark	Mounts Bay Harriers	Male Vet 40-44	07:08.2
146	0:35:43	ELLIS, Steve	Truro Running Club	Male under 40	07:08.4
147	0:35:50	HARRISON, Debbie	Hayle Runners	Female Vet 35-39	07:09.8
148	0:35:53	SHAPLAND, Ron	Newquay Road Runners	Male Vet 60-64	07:10.4
149	0:35:54	WRIGHT, Paul		Male Vet 55-59	07:10.6
150	0:35:56	BERKA, Frank	100 Marathon Club	Male under 40	07:11.0
151	0:35:57	JONES, Sharon	Hayle Runners	Female Vet 35-39	07:11.2
152	0:36:00	MURRIN, Lee		Male under 40	07:11.8
153	0:36:03	DOBSON, Lesley	Newquay Road Runners	Female Vet 40-44	07:12.4
154	0:36:04	ELMS, Mike	Mounts Bay Harriers	Male Vet 50-54	07:12.6
155	0:36:06	ROURKE, Daniel		Male under 40	07:13.0
156	0:36:13	ALSOP, Daniel	Falmouth Road Runners	Male under 40	07:14.4
157	0:36:18	GLENDINNING, Tom		Male under 40	07:15.4
158	0:36:20	LITTLEJOHNS, Alan	Launceston Road Runners	Male Vet 55-59	07:15.8
159	0:36:22	COAD, Bob		Male Vet 45-49	07:16.2
160	0:36:26	STARTUP, Paul	Newquay Road Runners	Male Vet 40-44	07:17.0
161	0:36:31	TOWNEND, Stewart	Hayle Runners	Male Vet 60-64	07:18.0
162	0:36:32	POPE, Robert	Truro Running Club	Male Vet 45-49	07:18.2
163	0:36:33	TREBILCOCK, Mark	Truro Running Club	Male Vet 40-44	07:18.4
164	0:36:35	RUTLAND, John	Newquay Road Runners	Male Vet 55-59	07:18.8
165	0:36:36	YATES, Jason		Male under 40	07:19.0
166	0:36:39	PILLING, Alister	Truro Running Club	Male Vet 40-44	07:19.6
167	0:36:45	CROWLE, Mark	Newquay Road Runners	Male under 40	07:20.8
168	0:36:46	NIGHTINGALE, Jonathan		Male Vet 40-44	07:21.0
169	0:36:49	LEO, Cas	Hayle Runners	Male Vet 40-44	07:21.6
170	0:36:51	REYNOLDS, Andrew	Cornwall AC	Male under 40	07:22.0
171	0:36:53	BUSCOMBE, Charles		Male under 40	07:22.4
172	0:36:55	PENBERTHY, Michael	Hayle Runners	Male Vet 45-49	07:22.8
173	0:36:56	ROBERTS, Dawn	Newquay Road Runners	Female Vet 45-49	07:23.0
174	0:36:57	SCOTT, Ailsa	Mounts Bay Harriers	Female under 35	07:23.2
175	0:36:58	MACKLEY, Stephanie	Mounts Bay Harriers	Female under 35	07:23.4
176	0:37:00	HOWES, Colin	Newquay Road Runners	Male Vet 50-54	07:23.8
177	0:37:01	BRAY, Vivian	Cornwall AC	Male Vet 40-44	07:24.0
178	0:37:02	MOORE, Andy	Hayle Runners	Male Vet 45-49	07:24.2
179	0:37:03	JAMES, Darren	Hayle Runners	Male under 40	07:24.4
180	0:37:06	ARROWSMITH, Paul	East Cornwall Harriers	Male under 40	07:25.0
181	0:37:11	SINCLAIR, Graham	Hayle Runners	NDB	07:26.0
182	0:37:13	BOLTON, David	East Cornwall Harriers	Male under 40	07:26.4

183	0:37:24	DREW, Ceri	Carn Runners	Female under 35	07:28.6
184	0:37:26	MACK, Mike	Carn Runners	Male Vet 55-59	07:29.0
185	0:37:33	ERITH, Amanda	East Cornwall Harriers	Female Vet 50-54	07:30.4
186	0:37:34	HEADLEAND, Sara	Womens Running Net (C)	Female under 35	07:30.6
187	0:37:35	BYGRAVE, Hannah	Newquay Road Runners	Female Vet 35-39	07:30.8
188	0:37:36	DREW, Peter	Carn Runners	Male Vet 55-59	07:31.0
189	0:37:37	LUSTY, Liz	Truro Running Club	Female Vet 40-44	07:31.2
190	0:37:39	BUCKLEY, Tracey	East Cornwall Harriers	Female under 35	07:31.6
191	0:37:40	NICHOLLS, Paul	Newquay Road Runners	Male under 40	07:31.8
192	0:37:55	MATTHEWS, Viv	Mounts Bay Harriers	Male Vet 50-54	07:34.8
193	0:37:56	ROWSE, Sally	Womens Running Net (C)	Female Vet 35-39	07:35.0
194	0:37:57	FOORD, Paul	Hayle Runners	Male Vet 50-54	07:35.2
195	0:38:00	KIRBY, Alysia	Hayle Runners	Female under 35	07:35.8
196	0:38:04	LILLIS, John	South West Vets AC	Male Vet 60-64	07:36.6
197	0:38:05	HARRIS, Geoff	Newquay Road Runners	Male Vet 40-44	07:36.8
198	0:38:08	SPENCER-SMITH, Andrea	Hayle Runners	Female Vet 35-39	07:37.4
199	0:38:09	LAWNSON-REID, June	Hayle Runners	Female Vet 50-54	07:37.6
200	0:38:10	FERGUSON, Andrew	Truro Running Club	Male Vet 40-44	07:37.8
201	0:38:12	TAYLOR, Sue	Falmouth Road Runners	Female Vet 50-54	07:38.2
202	0:38:16	WRIGHT, Ian		Male Vet 50-54	07:39.0
203	0:38:20	SMITH, Derek	Hayle Runners	Male Vet 40-44	07:39.8
204	0:38:21	GOODWRIGHT, Ray	East Cornwall Harriers	Male Vet 55-59	07:40.0
205	0:38:23	CARDEW, Denise	Carn Runners	Female Vet 40-44	07:40.4
206	0:38:24	MANDER, Peter	Launceston Road Runners	Male Vet 65-69	07:40.6
207	0:38:29	JULIAN, Rory		Male under 40	07:41.6
208	0:38:32	HEYWOOD, Mark		Male Vet 40-44	07:42.2
209	0:38:37	SMITH, Helen	Carn Runners	Female under 35	07:43.2
210	0:38:39	TAMBLIN, Trevor	Newquay Road Runners	Male under 40	07:43.6
211	0:38:41	WOOLLEY, David	Hayle Runners	Male Vet 60-64	07:44.0
212	0:38:42	MARSHALL, Keith	Falmouth Road Runners	Male Vet 55-59	07:44.2
213	0:38:47	RICHARDS, Samantha	Hiroshima Womens Runners	Female under 35	07:45.2
214	0:38:50	LYONS, Emma	Carn Runners	Female Vet 35-39	07:45.8
215	0:38:52	SALDIVAR, James	Mounts Bay Harriers	Male under 40	07:46.2
216	0:38:57	CURNOW, Neville	Falmouth Road Runners	Male under 40	07:47.2
217	0:39:01	O'MAHONEY, Kevin	Launceston Road Runners	Male Vet 65-69	07:48.0
218	0:39:04	JOSLIN, Alison	Truro Running Club	Female Vet 45-49	07:48.6
219	0:39:12	FOREMAN, Michelle	Hayle Runners	Female Vet 35-39	07:50.2
220	0:39:14	WATSON, Janet	Falmouth Road Runners	Female Vet 50-54	07:50.6
221	0:39:15	BRANNLUND, Ian	Newquay Road Runners	Male Vet 40-44	07:50.8
222	0:39:17	MOUNTER, David	Carn Runners	Male Vet 55-59	07:51.2
223	0:39:18	RICHARDS, Simon		Male under 40	07:51.4
224	0:39:23	PUGH, Graham		Male under 40	07:52.4
225	0:39:30	HAZEL, Gill	Falmouth Road Runners	Female Vet 35-39	07:53.8
226	0:39:32	CHARTERS, Tracey	Womens Running Net (C)	Female under 35	07:54.2
227	0:39:35	SQUIRE, Mark	Hayle Runners	Male Vet 50-54	07:54.8
228	0:39:39	GEORGE, David	Newquay Par AC	Male Vet 40-44	07:55.6
229	0:39:40	NANKIVELL, Philip	Devon/Cornwall Police	Male under 40	07:55.8
230	0:39:42	SCOTT, David	Carn Runners	Male Vet 40-44	07:56.2
231	0:39:48	WILLIS, Darryl		Male Vet 45-49	07:57.4
232	0:39:49	TURNER, Yvonne	Mounts Bay Harriers	Female Vet 40-44	07:57.6
233	0:39:51	WILLBOND-SMITH, Roy	Carn Runners	Male Vet 65-69	07:58.0
234	0:39:55	BODSWORTH, Garry		Male Vet 40-44	07:58.8
235	0:40:01	VENNING, Martin	Launceston Road Runners	Male Vet 55-59	08:00.0
236	0:40:05	BOWERS, Mary	East Cornwall Harriers	Female Vet 40-44	08:00.8
237	0:40:07	BISHOP, Blain		Male under 40	08:01.2
238	0:40:14	SMITH, Beverley	Instinctive Sports	Female Vet 45-49	08:02.6
239	0:40:25	SMITH, Brian	Hayle Runners	Male Vet 40-44	08:04.8
240	0:40:27	POLLARD, Carol	East Cornwall Harriers	Female Vet 50-54	08:05.2
241	0:40:35	BROWN, John	Launceston Road Runners	Male Vet 50-54	08:06.8
242	0:40:45	GALLOWAY, Alison	Carn Runners	Female Vet 40-44	08:08.8
243	0:40:49	CLIFF, Naomi	Hayle Runners	Female Vet 35-39	08:09.6
244	0:40:51	WRIGHT, Bernard	Southern Ac	Male Vet 50-54	08:10.0
245	0:40:53	JOHNS, Julie	Truro Running Club	Female Vet 45-49	08:10.4

246	0:40:55	JOHNS, Katherine	Carn Runners	Female under 35	08:10.8
247	0:41:07	MUTSAERS, Kirstie		Female under 35	08:13.2
248	0:41:08	DREW, Barry	Carn Runners	Male Vet 55-59	08:13.4
249	0:41:09	SELLARS, Colin		Male Vet 40-44	08:13.6
250	0:41:10	THOMAS, Rachael	Truro Running Club	Female under 35	08:13.8
251	0:41:11	ROGERS, Patricia	Truro Running Club	Female Vet 40-44	08:14.0
252	0:41:13	PENHALIGON, John		Male Vet 40-44	08:14.4
253	0:41:16	SCOTT, Carol	Truro Running Club	Female Vet 50-54	08:15.0
254	0:41:18	BUNT, Ivan		Male under 40	08:15.4
255	0:41:24	TOUT, Linda	Newquay Road Runners	Female Vet 55-59	08:16.6
256	0:41:33	PULLEN, Tim	Mounts Bay Harriers	Male Vet 45-49	08:18.4
257	0:41:35	CARLEY, Tracey	Mounts Bay Harriers	Female Vet 40-44	08:18.8
258	0:41:36	WARDLE, Sarah	Womens Running Net (C)	Female Vet 40-44	08:19.0
259	0:41:39	WALSH, Jonathan	Mounts Bay Harriers	Male under 40	08:19.6
260	0:41:56	TREWHELLA, Louise	Mounts Bay Harriers	Female Vet 40-44	08:23.0
261	0:42:01	SHEPHERD, Alan	Hayle Runners	Male Vet 55-59	08:24.0
262	0:42:04	COUSINS, Lucie		Female under 35	08:24.6
263	0:42:07	KEY, Kath	Falmouth Road Runners	Female Vet 45-49	08:25.2
264	0:42:18	WALLIS, Pete		Male Vet 40-44	08:27.4
265	0:42:19	CHAMBRES, Hanna Jayne	Hayle Runners	Female Vet 40-44	08:27.6
266	0:42:21	BRAYBROOKE, Robert	Hayle Runners	Male Vet 40-44	08:28.0
267	0:42:22	CARESWELL, Louise	Mounts Bay Harriers	Female under 35	08:28.2
268	0:42:23	CURTIS, Jill	Cornwall AC	Female Vet 50-54	08:28.4
269	0:42:27	MACLAREN, Steven	Hayle Runners	Male under 40	08:29.2
270	0:42:29	FOSTER, Mick	Launceston Road Runners	Male Vet 60-64	08:29.6
271	0:42:37	ISAACS, Becky		Female under 35	08:31.2
272	0:42:42	MORLEY, Louise		Female Vet 40-44	08:32.2
273	0:42:48	LAMBRECHTS, Patsy	Launceston Road Runners	Female Vet 45-49	08:33.4
274	0:42:52	BOWERS, Nigel	East Cornwall Harriers	Male Vet 45-49	08:34.2
275	0:42:53	MORRIS, Sonya	Womens Running Net (C)	Female Vet 35-39	08:34.4
276	0:42:58	BUSCOMBE, Martin		Male under 40	08:35.4
277	0:42:59	GIRVAN, Stewart		Male under 40	08:35.6
278	0:43:06	NEVILLE, Philip		Male Vet 40-44	08:37.0
279	0:43:07	WATKINS, Yvonne	Falmouth Road Runners	Female Vet 40-44	08:37.2
280	0:43:08	TURNER, Rebecca	Cornwall AC	Female under 35	08:37.4
281	0:43:14	CARPENTER, Julie		Female Vet 40-44	08:38.6
282	0:43:15	GUY, Keith		Male Vet 55-59	08:38.8
283	0:43:16	HORN, Christopher		Male Vet 40-44	08:39.0
284	0:43:19	BERESFORD, Chris	Carn Runners	Male Vet 45-49	08:39.6
285	0:43:22	BARRINGTON, Ann	Womens Running Net (C)	Female Vet 50-54	08:40.2
286	0:43:33	WATERS, Don	Hayle Runners	Male Vet 55-59	08:42.4
287	0:43:43	SALISBURY, Karen	Carn Runners	Female Vet 35-39	08:44.4
288	0:43:47	QUEEN, Michelle		Female under 35	08:45.2
289	0:43:55	JOHNS, Cedric	Carn Runners	Male Vet 60-64	08:46.8
290	0:44:00	FRASER, Glen	Hayle Runners	Male Vet 45-49	08:47.8
291	0:44:05	COLE, Geoffrey	Mounts Bay Harriers	Male Vet 50-54	08:48.8
292	0:44:13	NANKIVELL, Julie	Devon/Cornwall Police	Female under 35	08:50.4
293	0:44:14	JOHNS, Liz		Female Vet 40-44	08:50.6
294	0:44:15	JENKIN, Peter	Falmouth Road Runners	Male Vet 50-54	08:50.8
295	0:44:16	SLATER, Ben	Newquay Road Runners	Male Vet 45-49	08:51.0
296	0:44:18	BULLOCK, Katie	Newquay Road Runners	Female under 35	08:51.4
297	0:44:22	GEORGE, Jackie	Newquay Par AC	Female Vet 45-49	08:52.2
298	0:44:24	WILLCOCKS, Helen	Hayle Runners	Female Vet 35-39	08:52.6
299	0:44:26	NEVILLE, Ella	Womens Running Net (C)	Female under 35	08:53.0
300	0:44:32	HAMMICK, Liz	Falmouth Road Runners	Female Vet 55-59	08:54.2
301	0:44:34	TOZER, Nichola	Truro Running Club	Female under 35	08:54.6
302	0:44:37	LEWIS, Caroline	Hayle Runners	Female Vet 40-44	08:55.2
303	0:44:38	DAVIS, Jennifer	Womens Running Net (C)	Female Vet 35-39	08:55.4
304	0:44:39	LARSEN, Karin		Male under 40	08:55.6
305	0:44:41	BUTLER, Cindy	Womens Running Net (C)	Female Vet 40-44	08:56.0
306	0:44:44	JAMES, Amanda		Female Vet 35-39	08:56.6
307	0:44:47	DUNCAN, Jeanette	Womens Running Net (C)	Female Vet 45-49	08:57.2
308	0:44:48	GOODALL, Malcolm	Falmouth Road Runners	Male Vet 40-44	08:57.4

309	0:44:51	JAGO, Liz	Womens Running Net (C)	Female Vet 40-44	08:58.0
310	0:44:52	EVANS, Des	Newquay Road Runners	Male Vet 55-59	08:58.2
311	0:44:54	THOMAS, Andrew	Hayle Runners	NDB	08:58.6
312	0:44:56	LATHOM, Janet	Launceston Road Runners	Female Vet 50-54	08:59.0
313	0:44:58	WILLIAMS, Val	Carn Runners	Female Vet 35-39	08:59.4
314	0:44:59	PHOENIX, Sue	Falmouth Road Runners	Female Vet 50-54	08:59.6
315	0:45:02	RUHRMUND, Kate	Mounts Bay Harriers	Female under 35	09:00.2
316	0:45:14	BISHOP, Derek		Male Vet 60-64	09:02.6
317	0:45:22	HAWKE, Debbie	Hayle Runners	Female under 35	09:04.2
318	0:45:24	BARRETT, Louise	Newquay Road Runners	Female Vet 35-39	09:04.6
319	0:45:35	ROWE, Jane		Female Vet 40-44	09:06.8
320	0:45:40	WRIGHT, Lisa	Womens Running Net (C)	Female Vet 60+	09:07.8
321	0:45:41	HENCHLEY, Fiona	Truro Running Club	Female under 35	09:08.0
322	0:45:44	ALEXANDER, Katherine		Female Vet 45-49	09:08.6
323	0:45:45	GILCHRIST, Ged		NDB	09:08.8
324	0:45:46	EVANS, Cinnamon	Mounts Bay Harriers	Female Vet 35-39	09:09.0
325	0:45:47	JOHNS, Nicola	Hayle Runners	Female under 35	09:09.2
326	0:45:48	ROCKETT, Tim	Hayle Runners	Male under 40	09:09.4
327	0:45:51	EASTERBROOK, Liz	Hayle Runners	Female Vet 55-59	09:10.0
328	0:45:53	SALDIVAR, Michael	Mounts Bay Harriers	Male Vet 40-44	09:10.4
329	0:45:57	BENFIELD, Maria		Female Vet 35-39	09:11.2
330	0:45:58	BENFIELD, Anthony		Male under 40	09:11.4
331	0:46:00	HARRIS, Dawn	Hayle Runners	Female Vet 35-39	09:11.8
332	0:46:03	HORN, Sharon		Female Vet 40-44	09:12.4
333	0:46:16	LAURIE, Andrew		Male Vet 40-44	09:15.0
334	0:46:17	NIGHTINGALE, Tina		Female Vet 40-44	09:15.2
335	0:46:19	PENNY, Hilary	Falmouth Road Runners	Female Vet 50-54	09:15.6
336	0:46:27	MARSHALL, Ley	Falmouth Road Runners	Male under 40	09:17.2
337	0:46:32	BRISTOW, Don	Hayle Runners	Male Vet 70+	09:18.2
338	0:46:33	MARSHALL, Terry	Falmouth Road Runners	Female Vet 55-59	09:18.4
339	0:47:10	OWEN, Amanda		Female Vet 35-39	09:25.8
340	0:47:11	FARR, Sharon		Female under 35	09:26.0
341	0:47:17	CULLEY, Carol	Carn Runners	Female Vet 50-54	09:27.2
342	0:47:33	FOLKARD, Julie	Womens Running Net (C)	Female Vet 40-44	09:30.4
343	0:47:34	DAVEY, Emma	Womens Running Net (C)	Female under 35	09:30.6
344	0:47:35	CARLESTON, Tim		Male under 40	09:30.8
345	0:47:37	JAMESON, Judy	Carn Runners	Female Vet 45-49	09:31.2
346	0:47:39	EVANS, Tracey	Womens Running Net (C)	Female under 35	09:31.6
347	0:47:47	DREW, Carole	Carn Runners	Female Vet 55-59	09:33.2
348	0:47:48	MCLELLAN, Clare	Womens Running Net (C)	Female under 35	09:33.4
349	0:47:50	MARTIN, Julie	Hayle Runners	Female Vet 40-44	09:33.8
350	0:47:53	LINCOLN-WILLIAMS, Clemence		Female under 35	09:34.4
351	0:47:55	SCARAMAGLI, Romina	Hayle Runners	Female under 35	09:34.8
352	0:47:56	WHITMARSH, Jackie	Womens Running Net (C)	Female Vet 40-44	09:35.0
353	0:48:03	PICKARD, Linda	Launceston Road Runners	Female Vet 40-44	09:36.4
354	0:48:17	HARRIS, Andrea	Womens Running Net (C)	Female Vet 40-44	09:39.2
355	0:48:22	SMITH, Barbara	Womens Running Net (C)	Female Vet 45-49	09:40.2
356	0:48:25	BENNETTS, William	Hayle Runners	Male Vet 65-69	09:40.8
357	0:48:27	NEVILLE, Shauna	Womens Running Net (C)	Female Vet 45-49	09:41.2
358	0:48:33	NAYLER, Luci	Womens Running Net (C)	Female Vet 35-39	09:42.4
359	0:48:34	NAYLER, Mark		Male under 40	09:42.6
360	0:48:44	WILLIS, Helen		Female Vet 40-44	09:44.6
361	0:48:45	REID, Michelle	Hayle Runners	NDB	09:44.8
362	0:48:46	TONKIN, Jane	Hayle Runners	Female under 35	09:45.0
363	0:49:00	WHITE, Angela		Female Vet 45-49	09:47.8
364	0:49:02	JOHNSON, Jane		Female Vet 35-39	09:48.2
365	0:49:04	HUGHES, Clare		Female under 35	09:48.6
366	0:49:07	WHITNEY, Linda	Newquay Road Runners	Female Vet 55-59	09:49.2
367	0:49:09	BONFIELD, Wendy	Newquay Road Runners	Female Vet 45-49	09:49.6
368	0:49:47	MAUND, Beverley	Womens Running Net (C)	Female Vet 40-44	09:57.2
369	0:49:52	RICHARDS, Bob	Also Rans	Male Vet 55-59	09:58.2
370	0:49:53	WEST, Anna		Female under 35	09:58.4
371	0:50:15	HUNT, Rachel		Female under 35	10:02.8

372	0:50:20	DANIELS, Mary		Female Vet 50-54	10:03.8
373	0:50:43	DANIELS, Linda	Womens Running Net (C)	Female Vet 40-44	10:08.4
374	0:50:47	GREEN, Caroline	Launceston Road Runners	Female Vet 40-44	10:09.2
375	0:50:48	PREEN, Emma	Hayle Runners	Female under 35	10:09.4
376	0:50:49	JONES, Patricia	Womens Running Net (C)	Female Vet 40-44	10:09.6
377	0:51:07	JOSE, Natasha	Hayle Runners	Female under 35	10:13.2
378	0:51:08	WEST, Steve	Hayle Runners	Male Vet 45-49	10:13.4
379	0:51:10	NEILSON, Julie	Womens Running Net (C)	Female Vet 45-49	10:13.8
380	0:51:24	SILLAFANT, Kerry	Launceston Road Runners	Female Vet 35-39	10:16.6
381	0:51:33	EMERY, Julie		Female Vet 50-54	10:18.4
382	0:51:36	PAYNE, Sarah		Female Vet 35-39	10:19.0
383	0:52:18	HARRIS, Celia	Hayle Runners	Female Vet 35-39	10:27.4
384	0:52:21	GOOD, Fran	Womens Running Net (C)	Female Vet 35-39	10:28.0
385	0:52:22	PHILLIPS, Nicola	Womens Running Net (C)	Female Vet 35-39	10:28.2
386	0:52:24	MILBURN, Mark	Newquay Road Runners	Male Vet 40-44	10:28.6
387	0:52:51	YATES, Angela		Female Vet 45-49	10:34.0
388	0:53:00	MCCORMICK, Elaine	Hayle Runners	Female Vet 40-44	10:35.8
389	0:53:11	DAVIS, Judith		Female Vet 45-49	10:38.0
390	0:53:16	BARRIE, Noelene	Falmouth Road Runners	Female Vet 40-44	10:39.0
391	0:53:17	STANCLIFFE, Helen		Female Vet 40-44	10:39.2
392	0:53:36	PAINTER, Sarah	Womens Running Net (C)	Female Vet 40-44	10:43.0
393	0:53:44	RATCLIFFE, Patricia	Womens Running Net (C)	Female Vet 45-49	10:44.6
394	0:53:50	MCGOVAN, Mandy	Hayle Runners	Female under 35	10:45.8
395	0:53:55	EVANS, Sally	Womens Running Net (C)	Female under 35	10:46.8
396	0:54:23	JENKIN, Julie	Womens Running Net (C)	Female under 35	10:52.4
397	0:54:25	BARDSLEY, Janet	Hayle Runners	Female Vet 45-49	10:52.8
398	0:54:27	MULLER, Sylvia	Womens Running Net (C)	Female Vet 60+	10:53.2
399	0:54:42	RITCHIE, Rebecca	Hayle Runners	Female under 35	10:56.2
400	0:54:51	GOLD, Violet	Tamar Trotters	Female Vet 60+	10:58.0
401	0:55:08	SUTCLIFFE, Thomas		Male Vet 40-44	11:01.4
402	0:55:16	BLACK, Alison	Womens Running Net (C)	Female Vet 35-39	11:03.0
403	0:56:03	JAMISON, Julie	Womens Running Net (C)	Female Vet 40-44	11:12.4
404	0:56:04	STEPHENSON, Christine	Womens Running Net (C)	Female Vet 50-54	11:12.6
405	0:56:54	EDWARDS, Mary		Female Vet 35-39	11:22.6
406	0:57:27	POLLARD, Lisa		Female Vet 35-39	11:29.2
407	0:57:28	MAYNARD, Angela		Female Vet 40-44	11:29.4
408	0:57:43	WHITE, Steve		Male Vet 50-54	11:32.4
409	0:57:46	HARPER, Andy	Hayle Runners	Male Vet 40-44	11:33.0
410	1:00:08	PEARCE, Mirander	Womens Running Net (C)	Female under 35	12:01.4
411	1:04:20	GWYNNE, Stan	Falmouth Road Runners	Male Vet 70+	12:51.8