

## RELAY RESULTS

### ERME VALLEY—

The Club entered 7 teams in the relays held on July 2nd.

The Male Under 18 team of Dan Nash, Owen Morris, Liam Smith and Steven Sims were 1st in this category and 4th team overall. The Men's team were 3rd in the Open—Stephen Gentle, Paul Arrowsmith, Ian Littlewood and Dan Nash making up this team. In the Women's event the O35 team of Louise England, Jenny Nash, Sharon Daw and Revis Crowle were 1st.

### TAVISTOCK

On a very wet and windy summers evening ECH entered 10 teams in the senior event and 6 juniors in the relays.

The senior men's team of Steve Gentle, Mark Budge, Lewis Pullen and Dan Nash were 2nd in this category, with 4th place going to the team consisting of Ian Littlewood, Arron Crowle, Liam Smith and Steven Sims.

In the Woman's categories the Vets team—Revis Crowle, Diane Roy, Karen Mahoney and Louise England were 1st. The other two ECH vet teams were 2nd and 3rd. In the Senior category the ECH team of Sue Craze, Meeta Nichols, Amy Greenbank and Jess Behennah were 3rd.

In the junior relays the U16 team won—Owen Morris, Alex Caers, Cadan Crowle and Josh Carnell

U14 Girls also won—Amy Bennallick, Tanita England, Symone Cunningham and Tess Masselink

U14 Boys—2nd— Sam Parham, Jordan Smith, Tom Rogers and Ben Parham

U12 Boys—2nd— Solomon Phillips, Grace Bennallick, Sam Parham and Felix Bowker

U12 Girls—2nd— Jasmine Gray, Olivia Parham, Jess Lethbridge and Flo Gregory

Liam Smith made his debut at the Launceston Half Marathon completing the course in 1hr 35 mins and picking up a trophy for the youngest finisher.

### Xmas Party

This years party is taking place on Saturday 18th December at the Lanhydrock Hotel. The cost is £28.50 and deposits of £10 need to be given to Lynne Budge ASAP to book your place. It is possible to stay overnight but please book this direct with the hotel on 01208 262570



### Primary Schools X Country League

Help always gratefully received— speak to Revis

The first race will be on Friday 15th October—venue still needs to be confirmed.

Novembers race will be on the 12th

### WESTWARD LEAGUE

This season starts on 10th October at St Austell.

7th November at Plymouth

5th December at Exeter

16th January 2011 at Bideford

13th February at Bovey Tracey

20th March at Redruth

Please see Revis if you want to compete in this series